

What is TRICARE Online (TOL)?

TRICARE Online is the Military Health System's patient portal for internet access to available health care services and information including appointment scheduling, prescription refills, and personal health data summary via Blue Button.

Who is eligible to use TOL?

TOL is available to any Department of Defense beneficiary eligible for care, active duty or retired, and their qualified dependents.

How do I log in to TOL ?

There are four ways to log in to TOL. TOL users can log in using:

- (1) *A Department of Defense (DoD) Common Access Card (CAC),*
 - (2) *A Department of Defense Self Service Logon (DS Logon),*
 - (3) A Military Health System (MHS) Internet Authentication Service (iAS) Username and Password, or
 - (4) Via Army Knowledge Online (AKO), Global Combat Support System (GCSS) Air Force Portal, and eBenefits web sites.
- The preferred log in methods are CAC or DS Logon because these methods, unlike MHS iAS Username and Password, offer users access to all TOL information and services.

For More Information

Please contact TOL

Customer Service

available 24/7

Tel. 1-800-600-9332 CONUS

OCONUS telephone numbers

are located at

www.tricareonline.com



TRICARE Online Account Registration



